



# Check-ups, scans and tests during pregnancy

At each visit with your healthcare providers, they usually do a checkup on your health, assess how your baby is growing and discuss any questions or concerns you may have about your pregnancy.

## First visit

- ✓ confirming pregnancy and your due date
- ✓ medical and family history
- ✓ blood pressure, height and weight
- ✓ full blood test
- ✓ urine test
- ✓ screening for Down syndrome
- ✓ cervical screening
- ✓ vitamin D deficiency

After your first antenatal visit, you will have the following done at every appointment until your baby arrives:

- blood pressure
- general health check
- measure tummy to check baby's growth
- check baby's heartbeat and movements

### 19-20 weeks

- ultrasound scan

### 22 weeks

### 26-27 weeks

- blood glucose tolerance test for diabetes

### 28 weeks

- discuss birth plan and bringing baby home
- blood test
- anti-D injection (if Rh negative blood type)
- pertussis (whooping cough) vaccination
- urine test (if required)

### 32 weeks

### 34-36 weeks

- vaginal swab for Group B strep (GBS)
- anti-D injection (if Rh negative blood type)
- assess baby's position and engagement

### 38-39 weeks

### 40-41 weeks

This list is a guide only. Depending on your pregnancy, you may not need or want to have all of these checkups, tests and scans. They are not compulsory and every woman has the right to make their own informed decisions.

Several tests and scans can be done at the same time, so be sure to talk to your doctor about how the test is done, what they are testing for and when you should have them.



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