



Australian Government



Carer  
Gateway



## A great place to start for support and services

Do you assist a family member or friend who has a disability, dementia, a chronic or mental illness or is frail aged?

If so, Carer Gateway can guide you to the services that are right for you. It also provides information and practical resources.



**1800 422 737**

Available Monday-Friday 8am-6pm

[carergateway.gov.au](http://carergateway.gov.au)