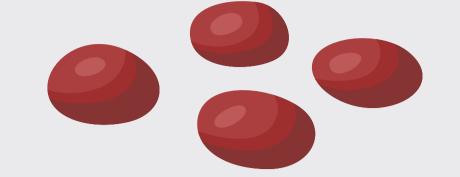
## Stool shapes and textures



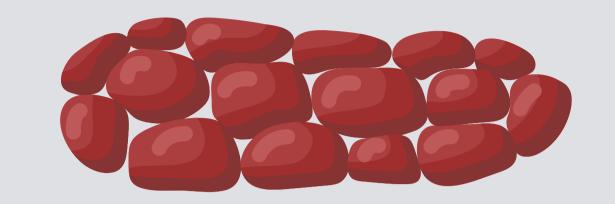
## Constipation

Type 1



Separate hard lumps like nuts (difficult to pass)

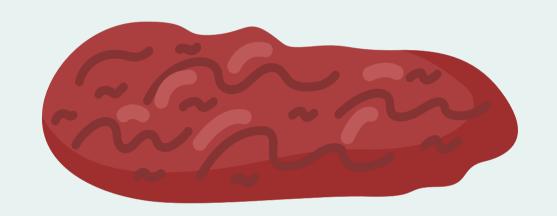
Type 2



Sausage-shaped but lumpy

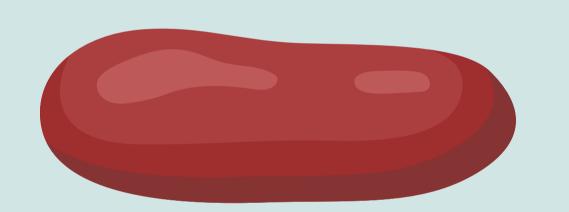
## Ideal stool

Type 3



Like a sausage but with cracks on the surface

Type 4



Like a snake, smooth and soft

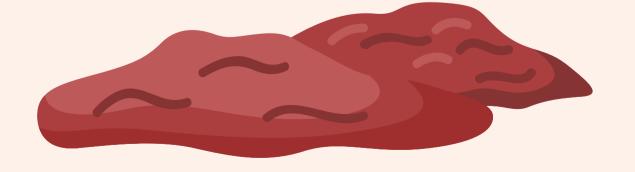
## Diarrhoea and urgency

Type 5



Soft blobs with clear cut edges (easy to pass)

Type 6



Fluffy pieces with ragged edges

Type 7



Watery, entirely liquid