

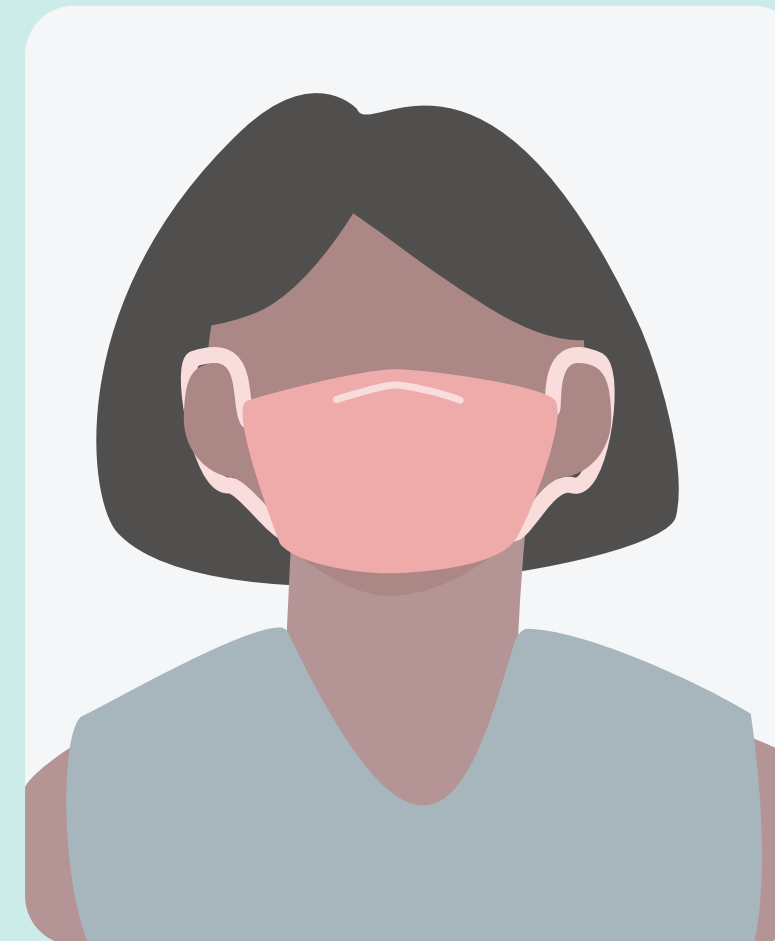
How to wear a cloth mask safely



Inspect the mask for any holes or dirt



Adjust the mask to your face so it fits snugly



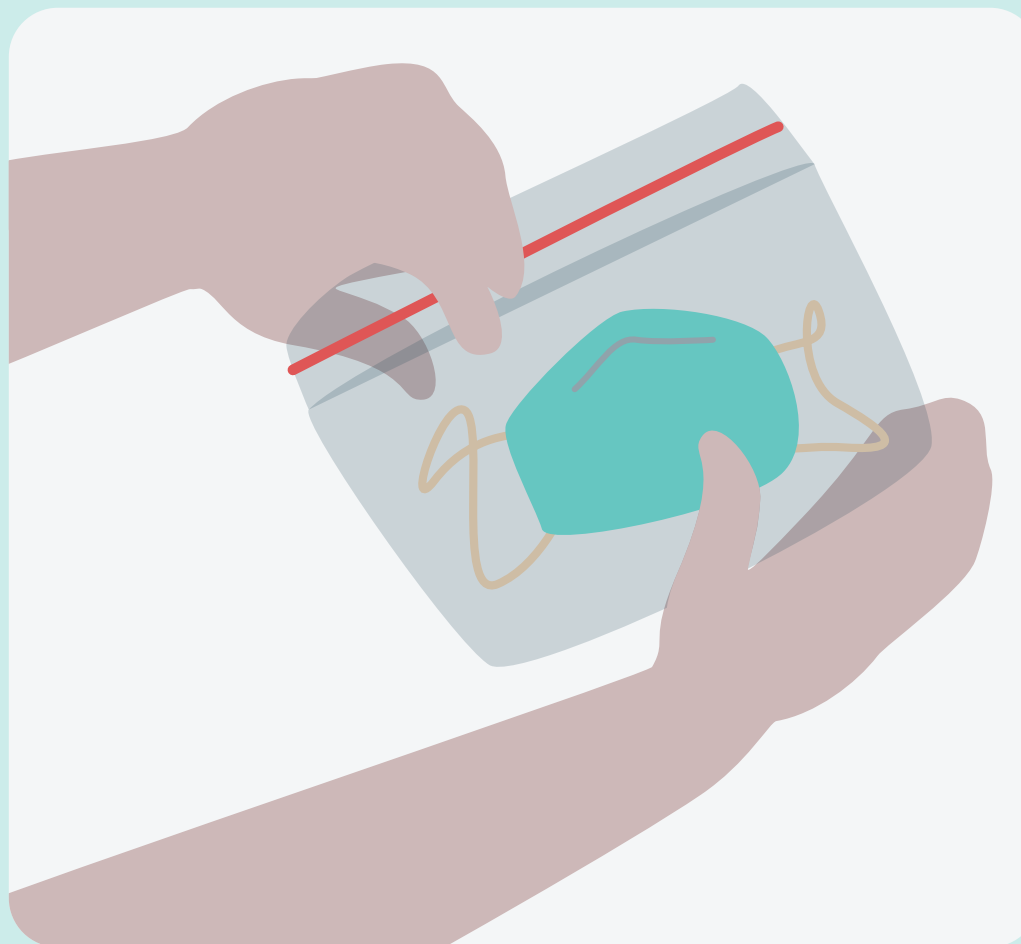
Cover your nose and mouth



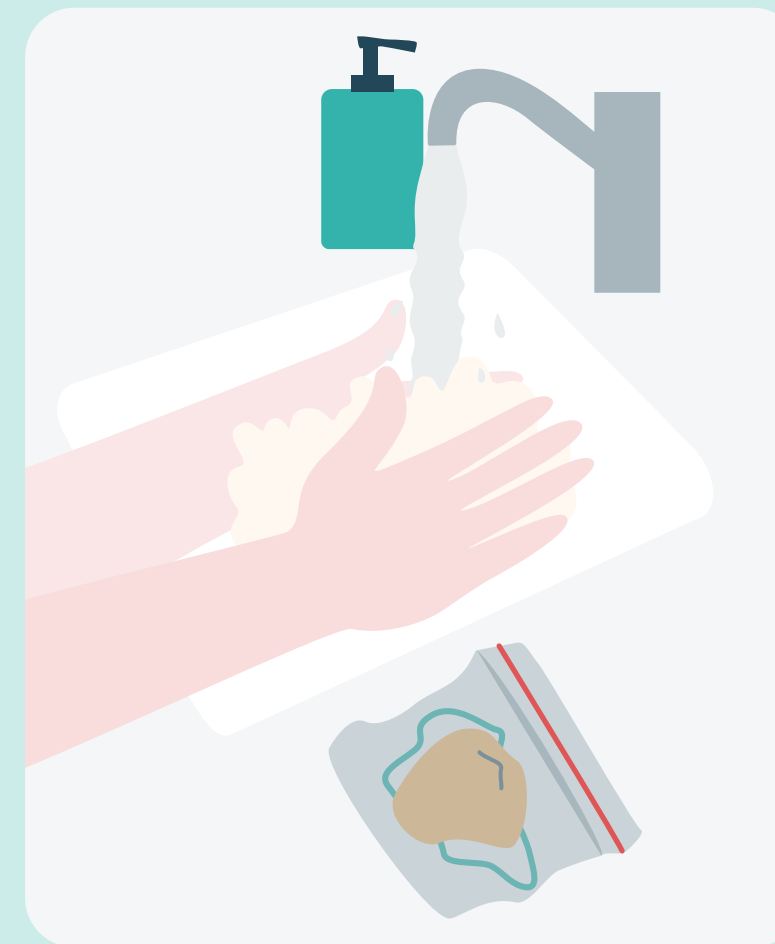
Avoid touching your eyes, nose and mouth at all times



Remove the mask by the strings or ear loops



Store the mask in a plastic, resealable bag until you can wash it



Wash your hands before and after you wear your cloth mask



Make sure your mask does not have a valve. This can result in breathing out a virus if you are infected