Vaccinations during pregnancy and breastfeeding

	What vaccinations can I have?	When can I get vaccinated?
Before pregnancy	Influenza (flu) COVID-19 * Other vaccines (if needed) ¹	At any time At any time At any time (for non-live vaccines) or at least 28 days before falling pregnant (for live vaccines) ²
During pregnancy	Influenza (flu) COVID-19 * Whooping cough (pertussis) Respiratory syncytial virus (RSV)	At any time At any time Between 20 - 32 weeks pregnant Between 28 - 36 weeks pregnant
Breastfeeding	Influenza (flu) COVID-19 * Other vaccines (if needed) ³	At any time At any time At any time

¹ Check your immunisation record and speak to your doctor to see if your vaccinations are up-to-date



² Live vaccines include MMR (measles, mumps, rubella), varicella (chickenpox) and yellow fever

³ Yellow fever vaccine should only be given if the benefits are greater than the risks

^{*} If you have not had a COVID-19 vaccine, it is recommended you get vaccinated. If you're already vaccinated, it is not routinely recommended to have another dose. You can still choose to have the COVID-19 vaccine if you are in a high risk group, or personal preference.