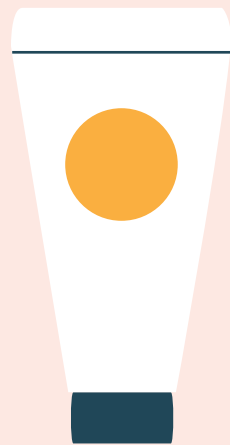


Sun protection



Slip

on
protective
clothing



Slop

on SPF30+
or higher
sunscreen



Slap

on a
hat



Seek

shade



Slide

on
sunglasses



Concerned about a sunburn?

Use healthdirect's Symptom Checker to get advice on when to seek medical attention.